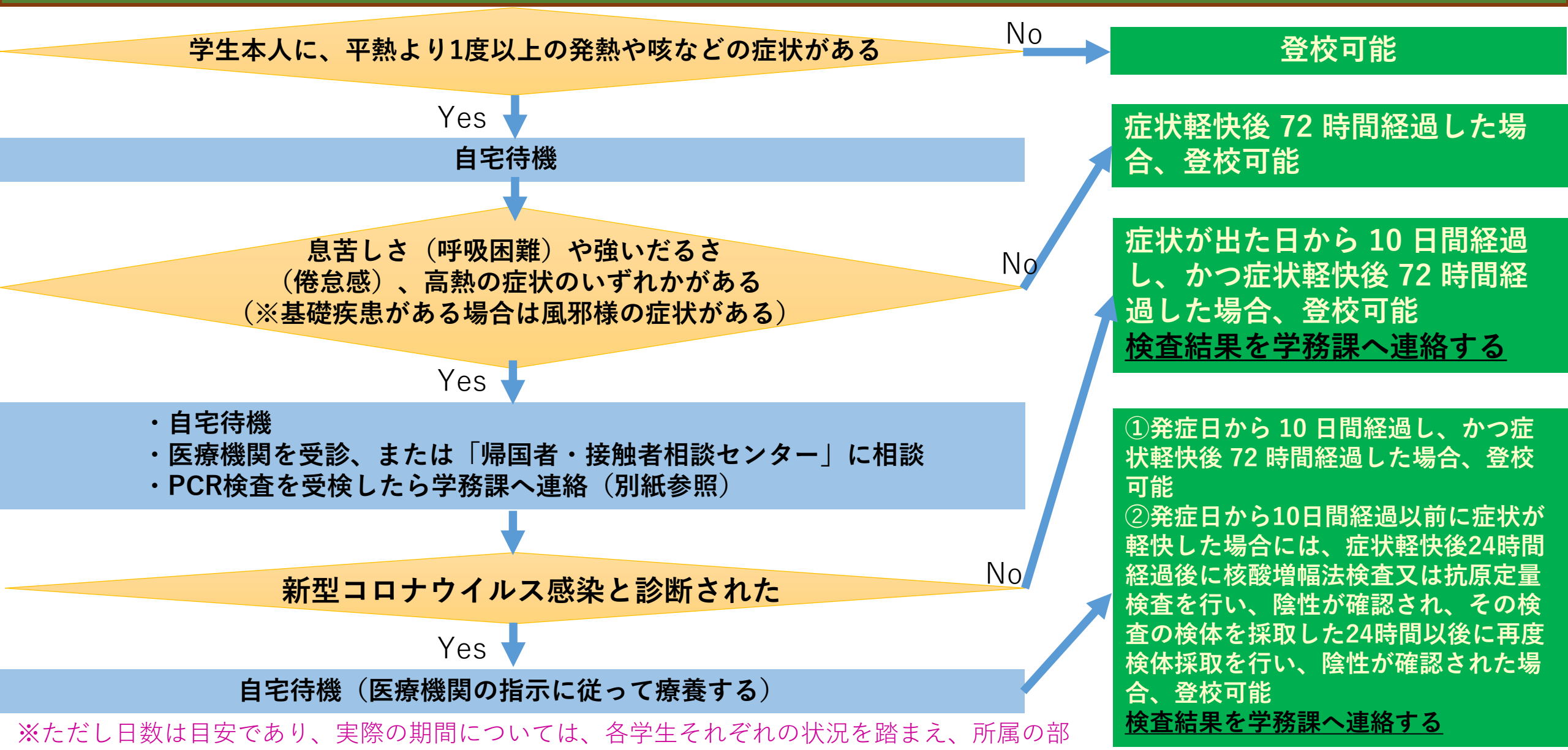
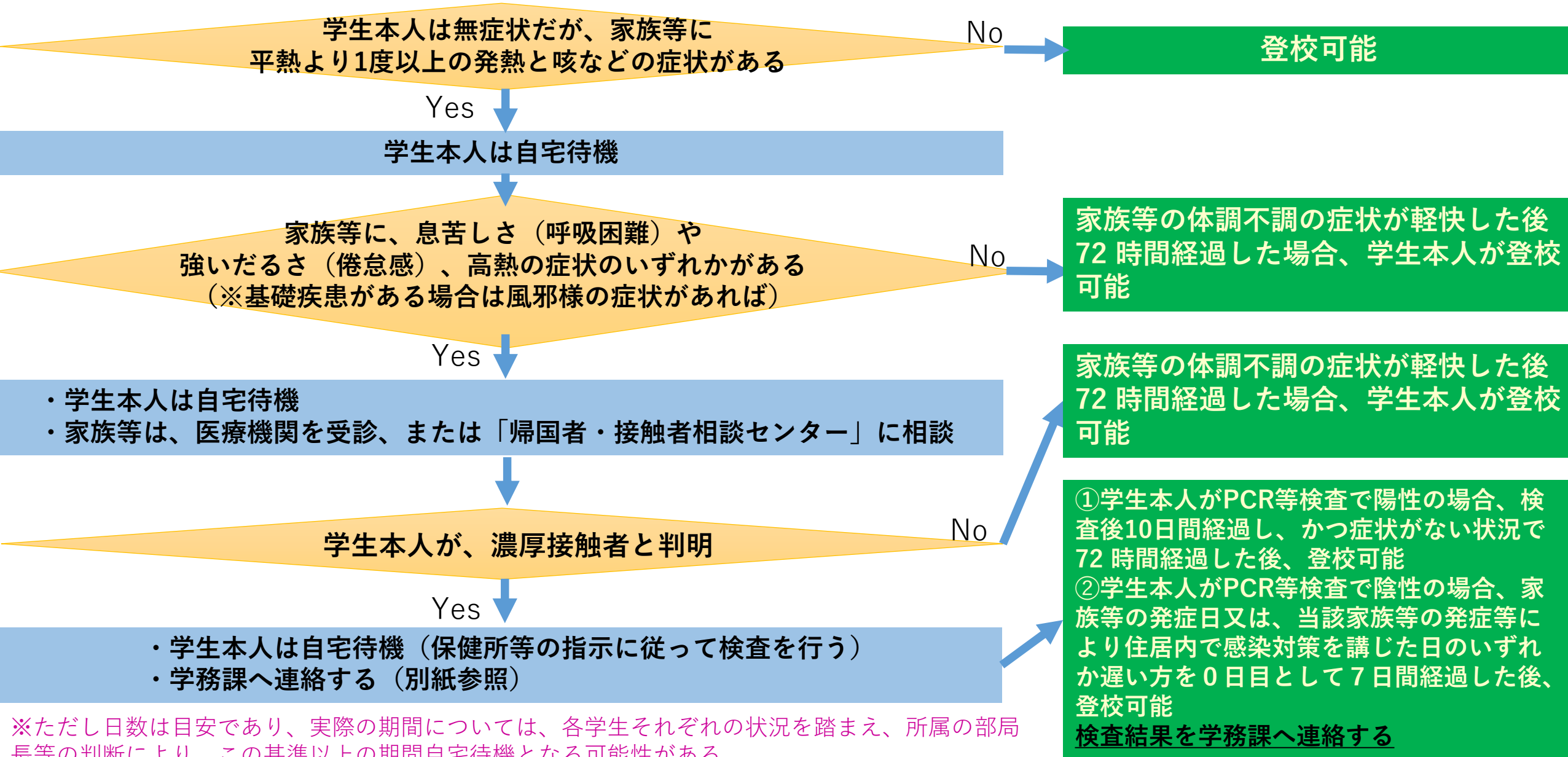


学生本人の体調不良時の自宅待機目安



※ただし日数は目安であり、実際の期間については、各学生それぞれの状況を踏まえ、所属の部局長等の判断により、この基準以上の期間自宅待機となる可能性がある。

家族等の体調不良時の自宅待機目安



新型コロナウイルス感染に注意してください！

- 3密（“密閉”“密集”“密接”）を回避してください。
- 日常的なマスク着用、手洗い、手指消毒を徹底してください。
- 向かい合っでの会話、間近での会話、大声での発声を控えてください。
- 学内者、学外者を問わず、また、飲食店、自室などの場所を問わず、会食は自粛してください。
- 風邪様の症状（発熱、咳、のどの痛み、鼻水など）がある場合は、無理せず自宅で休養してください。

**PCR検査等を受けたら、
濃厚接触者に指定されたら、
新型コロナウイルスに感染したら、
ためらわず、下記までご連絡ください。**

- ※確認事項
- ・氏名、所属、学籍番号（学生）、連絡先
 - ・直近1週間の学内での接触者
 - ・直近1週間の学内での使用建物

※新型コロナウイルス感染に関するご相談やご質問についても、下記までご連絡ください。

※研究室等で陽性者が発生した場合の対応は、本部より部局担当者を通じて指示します。

【連絡先】 Googleフォームまたは電話にてご連絡ください。

< Googleフォーム >

<https://forms.gle/x7TN85zxEATLghmZ6>



< 電話 >

学生:042-367-5537（学務課）

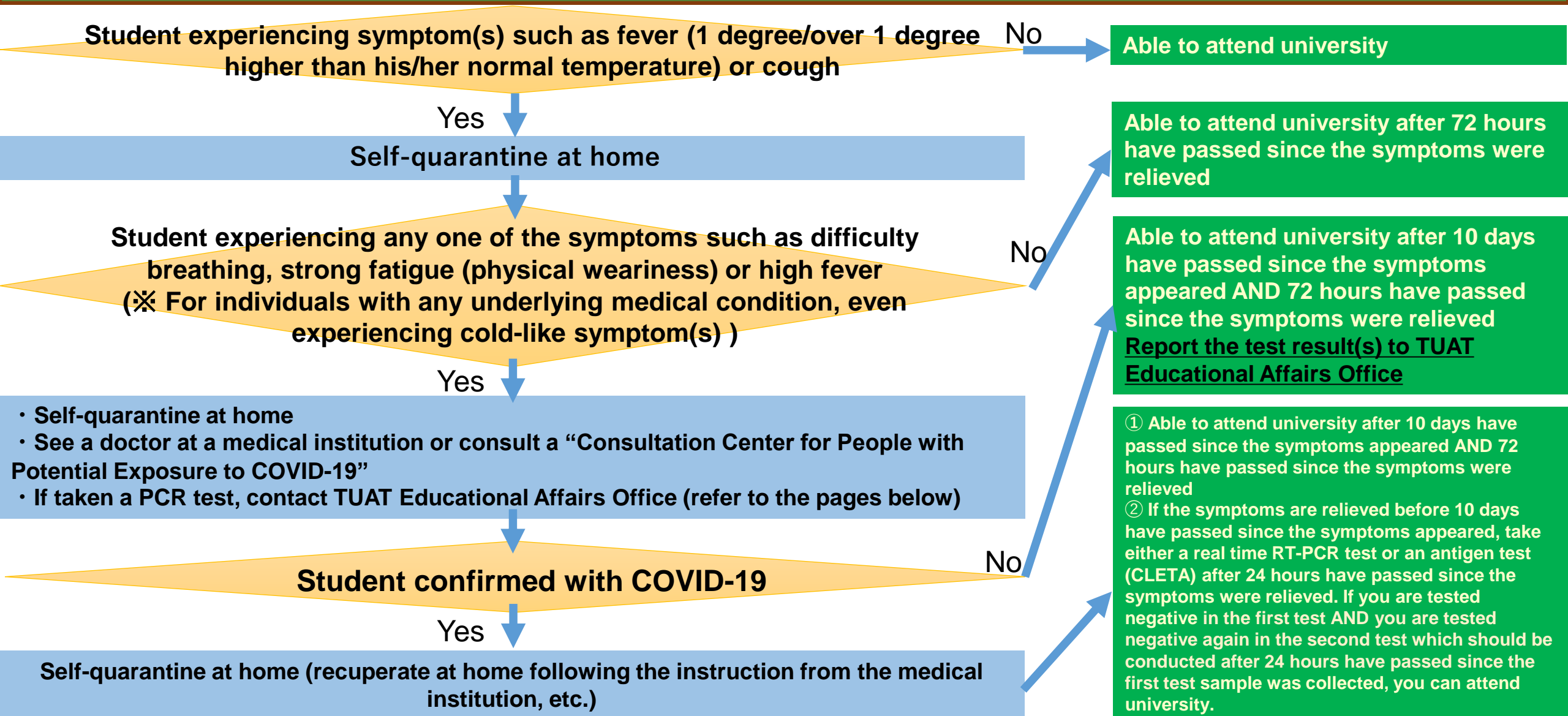
教職員:042-367-5933（総務課環境安全管理室）

※業務時間外（休日、平日17：15～翌8：30）の電話連絡先

守衛室 042-367-5504

※業務時間外でもためらわずに連絡してください。

Self-Quarantine Guide When Student Him/Herself is in Poor Physical Condition



※ However, the number of days/hours given here is a guide. There is a possibility that the actual self-quarantine period may be longer than the period suggested by this guide, depending on the decision of the head of the department (or etc.) where the student belongs to, based on the situation of each student.

Self-Quarantine Guide When Student's Family Member, etc. is in Poor Physical Condition

Student him/herself experiencing no symptom; however, a family member, etc. experiencing symptom(s) such as fever (1 degree/over 1 degree higher than his/her normal temperature) or cough

No

Able to attend university

Yes

Student him/herself is to self-quarantine at home

Family member, etc. experiencing any one of the symptoms such as difficulty breathing, strong fatigue (physical weariness) or high fever
(※ For individuals with any underlying medical condition, even experiencing cold-like symptom(s))

No

Student is able to attend university after 72 hours have passed since the symptoms the family member, etc. experienced were relieved

Yes

Student is able to attend university after 72 hours have passed since the symptoms the family member, etc. experienced were relieved

- Student him/herself is to self-quarantine at home
- Family member, etc. is to see a doctor at a medical institution or consult a "Consultation Center for People with Potential Exposure to COVID-19"

Student him/herself identified as a Close Contact to a COVID-19 positive individual

No

① If the student him/herself tested positive for a PCR test, the student is able to attend university after 10 days have passed since the test was conducted AND 72 hours have passed without the symptoms re-appearing
② If the student him/herself tested negative for a PCR test, the student is able to attend university from "Day 8", meaning after 7 days have passed from "Day 0" ("Day 0" here is the later one of the two following dates: the date when the family member, etc. first experienced symptoms for COVID-19; OR the date when infection control measures in the residence were first taken due the above-mentioned person experiencing symptoms for COVID-19, etc.)

Yes

- Student him/herself is to self-quarantine at home (take a test following the instruction from the public healthcare center, etc.)
- Contact TUAT Educational Affairs Office (refer to the pages below)

Report the test result(s) to TUAT Educational Affairs Office

※ However, the number of days/hours given here is a guide. There is a possibility that the actual self-quarantine period may be longer than the period suggested by this guide, depending on the decision of the head of the department (or etc.) where the student belongs to, based on the situation of each student.

Be Aware of COVID-19 Transmission!

- Avoid the “Three Cs” (closed spaces, crowded places, and close-contact settings).
- Be sure to wear a mask and wash/disinfect your hands on a daily basis.
- Refrain from conversation in the following conditions: while facing each other, in a close distance, or with a loud voice.
- Refrain from gathering to eat or drink with others regardless of whether they belong to TUAT or not; OR whether it is in a restaurant or in someone’s private house/residence, etc.
- Stay home and take rest if you experience any cold-like symptoms such as fever, cough, sore throat or runny nose.

**If you have taken/will be taking a PCR test, etc.,
OR have been identified as a
close contact of a COVID-19 case,
OR have been confirmed with COVID-19,
immediately contact the following.**

* We will ask:

- Name, affiliation, student ID number (for students) and contact information
- People (affiliated with TUAT) in contact with in the past two weeks
- TUAT facilities visited/entered in the past two weeks

* For general questions or concerns about COVID-19 transmission, you can also contact the following.

* If one belonging to a laboratory, etc. is confirmed with COVID-19, Educational Affairs Office/General Affairs Office will provide instruction/guidelines to him/her through the office in charge of his/her affiliation.

[Contact] Please submit a completed report through Google Forms (access from the QR code or link below) or call the phone number below.

<Report on Google Forms>

<https://forms.gle/x7TN85zxEATLghmZ6>



<Phone>

- Students: 042-367-5537 (Educational Affairs Office)
- Teaching/Administrative staff: 042-367-5933 (General Affairs Office - Environmental Safety and Management Office)

* During non-office hours (on weekends/holidays or on weekdays 17:15 - 8:30), please call Security Office at 042-367-5504 (for international students: 090-5773-8562).

* Please do not hesitate to contact us even during non-office hours.